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**START TIMES: AAM - 6:30, AAF - 6:32**

**A - 6:40, B - 6:45, C - 06:50, D - 06:55**

LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
ABRAHAMS	QUINTON	M	121KM	South Africa	A
ACRES	MICHAEL-JOHN	M	121KM	South Africa	D
ADAMS	JARED	M	121KM	South Africa	D
ALEXANDER	ROSS	M	121KM	South Africa	D
ALLEN	JAMES	M	121KM	South Africa	C
ALLKIN	COLIN	M	121KM	South Africa	B
ALLKIN	ANDREW	M	121KM	South Africa	A
AMIRAS	NICO	M	121KM	South Africa	B
ANDERSON	HEIMER	M	121KM	South Africa	A
ANDERSON	LOUIS	M	121KM	South Africa	A
ANSLEY	LES	M	121KM	South Africa	D
ANTONIC	MARK	M	121KM	South Africa	C
ARENDSE	ROWAN	M	121KM	South Africa	B
ATKINSON	ANDREW	M	121KM	South Africa	D
AUSTIN	BARRY	M	121KM	South Africa	D
AVENANT	BENNIE	M	121KM	South Africa	D
BAKER	WALEED	M	121KM	South Africa	A
BARNARD	RIAAN	M	121KM	South Africa	D
BARNARD	MARK	M	121KM	South Africa	C
BARTHOLOMEW	RICHARD	M	121KM	South Africa	C
BASEL	NIGEL	M	121KM	South Africa	B
BASSON	THINUS	M	121KM	South Africa	C
BASSON	DEON	M	121KM	South Africa	B
BASSON	TOBIAS	M	121KM	South Africa	B
BASTARD	COLLETTE	F	121KM	South Africa	A
BEATON	DUIAN	M	121KM	South Africa	D
BEERS	MATTHEW	M	121KM	South Africa	AAM
BEHR	JOZEF	M	121KM	South Africa	A
BEKKER	ROSSOUW	M	121KM	South Africa	AAM
BEKKER	BIANCE	F	121KM	South Africa	D
BEKKER	ESTIE	F	121KM	South Africa	B
BEKKER	ROZAAN	F	121KM	South Africa	B
BELL	NICO	M	121KM	South Africa	AAM
BENNEWITH	RYAN	M	121KM	South Africa	A
BERGH	ERUK	M	121KM	South Africa	D
BESTER	SHAUN-NICK	M	121KM	South Africa	AAM
BESTER	LEON	M	121KM	South Africa	C
BESTER	LOURENS	M	121KM	South Africa	C
BEUKES	PHILIP	M	121KM	South Africa	B
BEUKMAN	ZACK	M	121KM	South Africa	D

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
BEYERS	STEPHAN	M	121KM	South Africa	D
BEZUIDENHOUT	PIETER	M	121KM	South Africa	A
BEZUIDENHOUT	GERRIT	M	121KM	South Africa	B
BLAAUW	HENNING	M	121KM	South Africa	C
BLAIR	WARREN	M	121KM	South Africa	C
BLAKE	ALEX	M	121KM	South Africa	B
BLIGNAUT	HARDUS	M	121KM	South Africa	A
BLOK	TOM	M	121KM	South Africa	C
BLOM	TIAAN	M	121KM	South Africa	D
BONTEKONING	KEAGAN	M	121KM	South Africa	AAM
BOONZAAIER	SCHALK	M	121KM	South Africa	D
BOONZAIER	BRAD	M	121KM	South Africa	B
BOOYSEN	NICOLIEN	F	121KM	South Africa	D
BORCHERDS	JOHAN	M	121KM	South Africa	C
BOS	JOHN	M	121KM	South Africa	A
BOSCH	CHANTELLE	F	121KM	South Africa	A
BOSCH	RUDY	M	121KM	South Africa	A
BOSHOFF	VICKUS	M	121KM	South Africa	A
BOSIGO	KEONETHEBE	M	121KM	South Africa	A
BOSWELL	CRAIG	M	121KM	South Africa	C
BOTES	HENK	M	121KM	South Africa	D
BOTES	NICKEY	F	121KM	South Africa	C
BOTHA	WESSEL	M	121KM	South Africa	AAM
BOTHA	CORNEL	M	121KM	South Africa	C
BOTHA	ANDRE	M	121KM	South Africa	C
BOTHA	THYS	M	121KM	South Africa	C
BOTHA	CHRISTOFF	M	121KM	South Africa	A
BOTHA	LOUIS	M	121KM	South Africa	C
BOTHA	DIRK	M	121KM	South Africa	B
BOTHA	MORNE	M	121KM	South Africa	D
BOTHA	MARITZA	F	121KM	South Africa	D
BOTHA	FLORIS	M	121KM	South Africa	A
BOTHNER	SIMON	M	121KM	South Africa	D
BREMER	PAULINE	F	121KM	South Africa	D
BRETSCHNEIDER	MIKE	M	121KM	South Africa	D
BRIGGS	ANDREW	M	121KM	South Africa	D
BRITS	RUDI	M	121KM	South Africa	C
BURGER	MULLER	M	121KM	South Africa	A
BURGER	LOUIS	M	121KM	South Africa	C
BURGER	CONRAD	M	121KM	South Africa	A
BURGER	KOBUS	M	121KM	South Africa	A
BURGER	WILMAR	M	121KM	South Africa	D
BURGER	DOUGLAS	M	121KM	South Africa	A
BURKE	CRAIG	M	121KM	South Africa	C
BURN	LINDSEY	M	121KM	South Africa	A
BURNS	JAMES	M	121KM	South Africa	C
BUTER	FRED	M	121KM	South Africa	C
BUYS	PHILIP	M	121KM	South Africa	AAM
BUYS	DANIEL	M	121KM	South Africa	B
BUYS	STEPHAN	M	121KM	South Africa	D
CAMPBELL	TRACEY	F	121KM	South Africa	AAF
CAMPBELL	GRAHAM	M	121KM	South Africa	C
CAMPBELL	BRUCE	M	121KM	South Africa	B
CARSTENS	BAREND	M	121KM	South Africa	D
CARSTENS	KOSIE	M	121KM	South Africa	D

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
CASTELING	JACQUES	M	121KM	South Africa	C
CHATUE	VICTOR	M	121KM	South Africa	D
CHATUE	CHARLINE	F	121KM	South Africa	C
CHELIN	CUAN	M	121KM	South Africa	A
CHESTERTON	JUSTIN	M	121KM	South Africa	AAM
CHRISTOFFELS	MERVYN	M	121KM	South Africa	B
CILLIERS	MARTIN	M	121KM	South Africa	B
CILLIERS	WICHARD	M	121KM	South Africa	A
CLARK	NEILL	M	121KM	South Africa	B
CLENCH	RUDOLPH	M	121KM	South Africa	D
COETSEE	CHARL	M	121KM	South Africa	AAM
COETZEE	WILLEM	M	121KM	South Africa	C
COETZEE	ERHARD	M	121KM	South Africa	D
COETZEE	TERESA	F	121KM	South Africa	B
COETZEE	KRIS	M	121KM	South Africa	A
COETZEE	NICO	M	121KM	South Africa	D
COETZEE	LOEZEL MORKEL	F	121KM	South Africa	D
COETZEE	SAREL	M	121KM	South Africa	D
COETZEE	LOURENS	M	121KM	South Africa	D
COETZEE	HEINRICH	M	121KM	South Africa	B
COETZEE	RICO	M	121KM	South Africa	D
COLLIER	CRAIG	M	121KM	South Africa	D
COLYN	CATHERINE	F	121KM	South Africa	AAF
COLYN	ALMA	F	121KM	South Africa	A
CONRAD	JULIAN	M	121KM	South Africa	A
CORREIA	JOSE	M	121KM	South Africa	B
COURTS	JASON	M	121KM		B
CRONJE	HILDEGARDE	F	121KM	South Africa	B
CROUS	PHILIP	M	121KM	South Africa	D
CUTINO	MIMMO	M	121KM	South Africa	C
DA SILVA	VICTOR	M	121KM	South Africa	A
DAGLISH	MICHELLE	F	121KM	South Africa	D
DANIEL	CRAIG	M	121KM	South Africa	B
DANIELS	JEFF	M	121KM	South Africa	A
DAVEL	JAKKIE	M	121KM	South Africa	D
DAVIDSON	DONALD	M	121KM	South Africa	D
DE BEER	FRANS	M	121KM	South Africa	C
DE BRUYN	JOHANN	M	121KM	South Africa	B
DE BRUYN	LOUIS	M	121KM	South Africa	B
DE FREITAS	MARCO	M	121KM	South Africa	C
DE KLERK	JOHAN	M	121KM	South Africa	D
DE KOCK	COEN	M	121KM	South Africa	A
DE KOCK	JACQUES	M	121KM	South Africa	D
DE KOCK	HENRI	M	121KM	South Africa	A
DE SOUSA	FRANCO	M	121KM	South Africa	D
DE VILLIERS	YOLANDE	F	121KM	South Africa	AAF
DE VILLIERS	JEAN	M	121KM	South Africa	A
DE VRIES	ROGER	M	121KM	South Africa	D
DE VRIES	EUGENE	M	121KM	South Africa	D
DE WET	ANRU	M	121KM	South Africa	B
DE WET	TINUS	M	121KM	South Africa	C
DERCKSEN	DANIEL	M	121KM	South Africa	D
DERCKSEN	DANIEL JACOBUS RUFUS	M	121KM	South Africa	C
DERCKSEN	ALTHEA	F	121KM	South Africa	C
DIACON	ANDREAS	M	121KM	South Africa	B

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
DIAZ COLOMER	RAMON	M	121KM	South Africa	D
DICEY	ANTHONY	M	121KM	South Africa	B
DICEY	PETER	M	121KM	South Africa	B
DIENER	JOHANN	M	121KM	South Africa	D
DRACOUUIDES	DEMOS	M	121KM	South Africa	B
DU BUISSON	JEAN PIERRE	M	121KM	South Africa	D
DU PLESSIS	JEAN	M	121KM	South Africa	AAM
DU PLESSIS	ANDRE	M	121KM	South Africa	B
DU PLESSIS	MATTHYS	M	121KM	South Africa	C
DU PLESSIS	ABRIE	M	121KM	South Africa	A
DU PLESSIS	HENKIE	M	121KM	South Africa	C
DU PLESSIS	NEELS	M	121KM	South Africa	C
DU PLESSIS	KOBUS	M	121KM	South Africa	B
DU PLESSIS	RYNO	M	121KM	South Africa	D
DU PLESSIS	CRAIG	M	121KM	South Africa	C
DU PLESSIS	LISA	F	121KM	South Africa	D
DU PREEZ	ROBERT	M	121KM	South Africa	D
DU PREEZ	PIETER	M	121KM	South Africa	D
DU PREEZ	MULLER	M	121KM	South Africa	D
DU PREEZ	STEPHEN	M	121KM	South Africa	A
DU TOIT	ARNO	M	121KM	South Africa	AAM
DU TOIT	PIETER	M	121KM	South Africa	AAM
DU TOIT	CD	M	121KM	South Africa	A
DU TOIT	ETIENNE	M	121KM	South Africa	A
DU TOIT	RIAAN	M	121KM	South Africa	B
DU TOIT	JANNIE	M	121KM	South Africa	B
DU TOIT	LOUIS	M	121KM	South Africa	B
DU TOIT	HENDRIK	M	121KM	South Africa	B
DU TOIT	ANICA	F	121KM	South Africa	D
DU TOIT	TOBEY	M	121KM	South Africa	D
DU TOIT	SHARON	F	121KM	South Africa	D
DUGAS	JONATHAN	M	121KM	South Africa	D
DURING	DICK	M	121KM	South Africa	D
EDEL	DYLAN	M	121KM	South Africa	A
EHRET	MIKE	M	121KM	South Africa	D
EICHHORN	ROBERT	M	121KM	South Africa	B
EKSTEEN	ARETHA	F	121KM	South Africa	C
ELCOCK	JONATHAN	M	121KM	South Africa	D
ELLIOTT	TREVOR	M	121KM	South Africa	C
ENGELBRECHT	MANIE	M	121KM	South Africa	C
ENNION	GARTH	M	121KM	South Africa	A
ERASMUS	PHILIP	M	121KM	South Africa	B
ERASMUS	WILLEM	M	121KM	South Africa	D
ERASMUS	PHILIP	M	121KM	South Africa	D
ERASMUS	ANDRIES	M	121KM	South Africa	C
ERWEE	FRANS	M	121KM	South Africa	D
ESTERHUIZEN	FRANCOIS	M	121KM	South Africa	B
FERREIRA	JACO	M	121KM	South Africa	D
FICK	WILLIAM	M	121KM	South Africa	D
FOSTER	MICHAEL	M	121KM	South Africa	AAM
FOURIE	HERMAN	M	121KM	South Africa	AAM
FOURIE	FRANCOIS	M	121KM	South Africa	C
FOURIE	NIEL	M	121KM	South Africa	D
FOWLES	OLIVER	M	121KM	South Africa	C
FOWLES	STUART	M	121KM	South Africa	D

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
FREITAS	NICOLA	F	121KM	South Africa	AAF
FRY	WILLIAM	M	121KM	South Africa	D
GAGA	GCOBANI	M	121KM	South Africa	D
GAGIANO	CARINE	F	121KM	South Africa	D
GALE	JOHN	M	121KM	South Africa	B
GERBER	ZANDRE	M	121KM	South Africa	AAM
GIE	BRUCE	M	121KM	South Africa	A
GILDENHUYS	BURT	M	121KM	South Africa	A
GILIOME	WOUTER	M	121KM	South Africa	C
GILMOUR	PHILIP	M	121KM	South Africa	C
GOOSEN	JANNIE	M	121KM	South Africa	A
GORDON	ALAN	M	121KM	South Africa	AAM
GOUS	ANDRIES	M	121KM	South Africa	A
GOUS	JANU	M	121KM	South Africa	A
GOWER	ROB	M	121KM	South Africa	B
GREEK	NICKY	F	121KM	South Africa	B
GRIFFIOEN	JOHAN	M	121KM	South Africa	B
GRIFFIOEN	MARCEL	M	121KM	South Africa	D
GRIGGS	GAVIN	M	121KM	South Africa	B
GROBLER	MATTHEW	M	121KM	South Africa	AAM
GROBLER	ANDREW	M	121KM	South Africa	A
HADLOW	AARON	M	121KM	United Kingdom	D
HADLOW	IAN	M	121KM	South Africa	D
HAHN	HUGO	M	121KM	Namibia	AAM
HAHN	DEAN	M	121KM	South Africa	B
HAIGH-SMITH	ASHLEY	M	121KM	South Africa	D
HALSEY	CLINTON	M	121KM	South Africa	A
HAMILTON	JEANETTE	F	121KM	South Africa	B
HAMMOND	MARC	M	121KM	South Africa	C
HANEKOM	KYLIE	F	121KM	South Africa	AAF
HANNIGAN	MARK	M	121KM	South Africa	B
HARMZEN-PRETORIUS	ELRIKA	F	121KM	South Africa	AAF
HARRIS	GEORGE	M	121KM	South Africa	D
HATTINGH	HERMAN	M	121KM	South Africa	B
HAUPT	ADRIAN	M	121KM	South Africa	B
HAYES	STEVEN	M	121KM	South Africa	A
HAYES	DESMOND	M	121KM	South Africa	D
HEISER	LOUIS	M	121KM	South Africa	B
HENDRICKS	JUSTIN	M	121KM	South Africa	D
HERBST	PIETER	M	121KM	South Africa	A
HERHOLDT	MICHIEL	M	121KM	South Africa	C
HERREVELD	ETHAN	M	121KM	South Africa	D
HERTOG	EUGENE	M	121KM	South Africa	B
HEYMANN	JOHANET	F	121KM	South Africa	A
HEYNS	GERT	M	121KM	South Africa	AAM
HEYNS	ERICK	M	121KM	South Africa	AAM
HIGGO	GRANT	M	121KM	South Africa	C
HIGGS	DAVID	M	121KM	South Africa	A
HILL	SARAH	F	121KM	South Africa	AAF
HOCKEY	GARETH	M	121KM	South Africa	D
HOEK	WARREN	M	121KM	South Africa	D
HOLLANDER	MORNE	M	121KM	South Africa	B
HORTON	DEAN	M	121KM	South Africa	C
HUGO	ALMARIE	F	121KM	South Africa	A
HUGO	DAN	M	121KM	South Africa	C



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HULLEY	BRANDON	M	121KM	South Africa	A
HULLEY	SEAN	M	121KM	South Africa	A
HULLEY	DUANE	M	121KM	South Africa	C
HUMAN	JOHANNES	M	121KM	South Africa	D
HUME	GARTH	M	121KM	South Africa	C
HURTER	MARIUS	M	121KM	South Africa	C
HUTTON	ANDREW	M	121KM	South Africa	C
HUXHAM	NEIL	M	121KM	South Africa	D
IMMELMAN	ANDRE	M	121KM	South Africa	A
IZZARD	PAUL	M	121KM	South Africa	D
JACK	ADAM	M	121KM	South Africa	D
JACOBS	COLLEEN	F	121KM	South Africa	A
JACOBS	KEVIN	M	121KM	South Africa	D
JACOBS	DANIE	M	121KM	South Africa	C
JACOBS	JOHAN	M	121KM	South Africa	A
JACOBS	PHILIP	M	121KM	South Africa	D
JACOBY	KEVIN	M	121KM	South Africa	B
JAMES	GREG	M	121KM	South Africa	C
JAMES	STANLEY	M	121KM	South Africa	B
JAMNECK	LEON	M	121KM	South Africa	C
JANKIELSOHN	ROBERT	M	121KM	South Africa	A
JANSE VAN RENSBURG	CHRISTIAAN	M	121KM	South Africa	AAM
JANSE VAN RENSBURG	BRUWER	M	121KM	South Africa	C
JANSE VAN RENSBURG	JC	M	121KM	South Africa	D
JANSE VAN RENSBURG	RUDOLPH	M	121KM	South Africa	D
JANSE VAN RENSBURG	JOHAN	M	121KM	South Africa	D
JANSE VAN RENSBURG	MARIUS	M	121KM	South Africa	D
JANSE VAN RENSBURG	MARIUS	M	121KM	South Africa	D
JANSEN VAN RENSBURG	ANDRIES STEPHANUS	M	121KM	South Africa	B
JEPHTHAS	GRANT	M	121KM	South Africa	C
JIRI	SHINGIRAI RODNEY	M	121KM	South Africa	D
JOHANNES	HEINRICH	M	121KM	South Africa	D
JOHNS	CLINTON	M	121KM	South Africa	B
JONCK	MALAN	M	121KM	South Africa	D
JONES	BRUCE	M	121KM	South Africa	B
JONKER	WILLIE	M	121KM	South Africa	C
JONKER	HEIN	M	121KM	South Africa	B
JONKER	COBUS	M	121KM	South Africa	A
JONSSON	PHILIP	M	121KM	South Africa	D
JONSSON	EDWARD	M	121KM	South Africa	D
JORDAAN	NICHOL	M	121KM	South Africa	A
JORDAAN	LOUIS	M	121KM	South Africa	C
JORDAAN	DANIE	M	121KM	South Africa	C
JORDAAN	ERIC	M	121KM	South Africa	C
JORDAAN	JORRIE	M	121KM	South Africa	D
JORDAN	TREVOR	M	121KM	South Africa	C
JORDAN	JARED	M	121KM	South Africa	D
JOUBERT	MARCO	M	121KM	South Africa	AAM
JOUBERT	FRANCI	F	121KM	South Africa	B
JOUBERT	BRIGITTE	F	121KM	South Africa	A
JOUBERT	C	M	121KM	South Africa	D
JOUBERT	GERTIE	F	121KM	South Africa	D
JURACK	MAURITZ	M	121KM	South Africa	D
KAMENER	MICHAEL	M	121KM	South Africa	A

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KAPNOUDHIS	MARK	M	121KM	South Africa	C
KEMP	ROXANNE	F	121KM	South Africa	C
KENNEDY	DALE	M	121KM	South Africa	B
KERBUS	RON	M	121KM	South Africa	D
KEYSER	MATTHEW	M	121KM	South Africa	C
KEYTER	FANUS	M	121KM	South Africa	C
KHAN	ALLIE	M	121KM	South Africa	D
KHANI	LU WAYNE	M	121KM	South Africa	D
KING	ANDREW	M	121KM	South Africa	D
KIRSCHNER	SHAWN	M	121KM	South Africa	C
KLEIJNHANS	ERIKA	F	121KM	South Africa	D
KLEINHANS	HERMAN	M	121KM	South Africa	C
KNOETZE	ERIK	M	121KM	South Africa	B
KOEKEMOER	MARTHA	F	121KM	South Africa	B
KOEKEMOER	JOHAN	M	121KM	South Africa	B
KOEN	RUDI	M	121KM	South Africa	AAM
KOEN	HEINRICH	M	121KM	South Africa	D
KOLESKY	CRAIG	M	121KM	South Africa	B
KORKIE	PIETER	M	121KM	South Africa	AAM
KOTZE	DANIEL	M	121KM	South Africa	AAM
KOTZE	KYLU	M	121KM	South Africa	AAM
KOTZE	LEON	M	121KM	South Africa	A
KOTZE	MADELEEN	F	121KM	South Africa	D
KOTZE	PIETER VAN ZYL	M	121KM	South Africa	B
KOTZEE	ELANDRE	M	121KM	South Africa	B
KROUCAMP	LEON	M	121KM	South Africa	B
KRUGER	DEON	M	121KM	South Africa	D
KRUGER	ALEX	M	121KM	South Africa	D
KRUGER	STEFAN	M	121KM	South Africa	A
KRUGER	JOHAN	M	121KM	South Africa	D
KRUGER	ENDRI	F	121KM	South Africa	D
KRUGER	KEVIN	M	121KM	South Africa	D
KUMBIER	KARL	M	121KM	South Africa	C
LA GRANGE	LANDON	M	121KM	South Africa	A
LABUSCHAGNE	SHAUN	M	121KM	South Africa	D
LAHNER	HEINRICH	M	121KM	South Africa	A
LAMBERTS	JAN	M	121KM	South Africa	D
LAMBRECHTS	LEON	M	121KM	South Africa	A
LAUBSCHER	SG	M	121KM	South Africa	B
LAWRANCE	ALEXANDER	M	121KM	South Africa	D
LAWRENCE	KEVIN	M	121KM	South Africa	A
LE BRUN	ROBERT	M	121KM	South Africa	D
LE ROUX	ADRIAN	M	121KM	South Africa	D
LE ROUX	NICHOLAS	M	121KM	South Africa	C
LEPPAN	MATTHEW	M	121KM	South Africa	AAM
LEWIS	ROB	M	121KM	South Africa	B
LITTLE	JAMES	M	121KM	South Africa	A
LITTLE	LAURIN	F	121KM	South Africa	A
LODEWYKS	RIAAN	M	121KM	South Africa	D
LOMBARD	EUGENE	M	121KM	South Africa	C
LOMBARD	CHARLES	M	121KM	South Africa	C
LOMBARDI	MICHELLE	F	121KM	South Africa	D
LORENZEN	LEENDERT	M	121KM	South Africa	A
LOTTER	IVAN	M	121KM	South Africa	C
LOURENS	HASIE	M	121KM	South Africa	B

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**START TIMES: AAM - 6:30, AAF - 6:32**

**A - 6:40, B - 6:45, C - 06:50, D - 06:55**

LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
LOURENS	MARLEEN	F	121KM	South Africa	D
LOURENS	MARLEEN	F	121KM	South Africa	D
LOURENS	KOSIE	M	121KM	South Africa	C
LOUW	SARITA	F	121KM	South Africa	AAF
LOUW	JOHAN	M	121KM	South Africa	B
LOUW	DANIE	M	121KM	South Africa	B
LOUW	JOZANNE	F	121KM	South Africa	A
LOUW	FRANCOIS	M	121KM	South Africa	A
LOUW	WYNAND	M	121KM	South Africa	B
LOUW	THYS	M	121KM	South Africa	D
LOWE	FRED	M	121KM	South Africa	C
LOWE	CHRISTINE	F	121KM	South Africa	D
LUBBE	NICOLA	F	121KM	South Africa	C
LUCAS	ANDY	M	121KM	South Africa	B
LUFF	PHILLIP	M	121KM	South Africa	B
LUND	ANNEKE	F	121KM	South Africa	D
MAARSINGH	DIRK	M	121KM	South Africa	A
MAARSINGH	RINUS	M	121KM	South Africa	D
MAARTENS	CHRIS	M	121KM	South Africa	D
MACINTOSH	KAY	F	121KM	South Africa	D
MACINTOSH	ALAN	M	121KM	South Africa	D
MACKENZIE	JUANITA	F	121KM	South Africa	AAF
MACKENZIE	IAN	M	121KM	South Africa	D
MACLEAR	GARY	M	121KM	South Africa	C
MACY	PETER	M	121KM	South Africa	D
MAFOKO	LEBOGANG	M	121KM	South Africa	A
MAKAMU	SIBUSISO	M	121KM	South Africa	B
MALAN	SANCHIA	F	121KM	South Africa	AAF
MALHERBE	ANDRE	M	121KM	South Africa	D
MAMATSHELE	THABO	M	121KM	South Africa	B
MANGANYE	MANTI	F	121KM	South Africa	C
MANLEY	LAYNE	M	121KM	South Africa	D
MAREE	JACOBUS	M	121KM	South Africa	C
MAREE	MARCUS	M	121KM	South Africa	D
MARITZ	JACQUES	M	121KM	South Africa	A
MATHEW	RORY	M	121KM	South Africa	C
MATJAN	MANDALL	M	121KM	South Africa	D
MATSIMELA	CAROLINE	F	121KM	South Africa	A
MATTHEWS	HENDRIK	M	121KM	South Africa	C
MAVUNDA	RANDY	M	121KM	South Africa	B
MAY	BRUCE	M	121KM	South Africa	C
MAYNARD	BRIAN	M	121KM	South Africa	B
MCCAULEY	ERROL	M	121KM	South Africa	D
MCEWAN	ANDREW	M	121KM	South Africa	C
MCFALL	CHARLES	M	121KM	South Africa	AAM
MCLACHLAN	ANDREW	M	121KM	South Africa	A
MCLEAN	DALE	M	121KM	South Africa	C
MCLEOD	FRANCO	M	121KM	South Africa	D
MCNULTY	GEORGE	M	121KM	South Africa	D
MDLOLO	MAURICE	M	121KM	South Africa	A
MDLULI	SIMPHIWE	M	121KM	South Africa	A
MENEZES	NEVILLE	M	121KM	South Africa	A
MENZIES	MAX	M	121KM	South Africa	D
MEYER	VICKUS	M	121KM	South Africa	D
MICKLEWOOD	PAUL	M	121KM	South Africa	B



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MIDLANE	ALEX	M	121KM	South Africa	D
MILLER	ALEXANDER SCHUSTER	M	121KM	Namibia	AAM
MILNER	JUSTIN	M	121KM	South Africa	D
MKWAMBI	STIX	M	121KM	South Africa	D
MOAGI	TLHORISO	M	121KM	South Africa	A
MOEKETSI	REMOFILWE	F	121KM	South Africa	B
MOHAUD	JOHN	M	121KM	South Africa	A
MOHOALADI	PONTSO	F	121KM	South Africa	C
MOJ	DES	F	121KM	South Africa	C
MOLAPO	SEKHONYANA(SK)	M	121KM	South Africa	A
MOLLER	DEON	M	121KM	South Africa	B
MOLLER	JOHAN	M	121KM	South Africa	A
MOODY	ROSS	M	121KM	South Africa	D
MPHAHLELE	LEBOGANG	M	121KM	South Africa	C
MTALANA	ANELE	M	121KM	South Africa	D
MULLER	RICHARD	M	121KM	South Africa	A
MULLER	BOSHOFF	M	121KM	South Africa	D
MULLER	JOHAN	M	121KM	South Africa	D
MUNCH	CECIL	M	121KM	South Africa	B
MUNNIK	OLIVER	M	121KM	South Africa	D
MURPHY	ALBERT	M	121KM	South Africa	D
MWELASE	MANDLA	M	121KM	South Africa	D
NAUDE	LOUIS	M	121KM	South Africa	D
NEETHLING	JAPIE	M	121KM	South Africa	C
NEL	PAUL	M	121KM	South Africa	D
NEL	ILSE	F	121KM	South Africa	B
NEL	MARITZ	M	121KM	South Africa	B
NEL	GERT	M	121KM	South Africa	A
NEL	SUNE	F	121KM	South Africa	D
NEL	PIERRE	M	121KM	South Africa	D
NEL	BRUWER	M	121KM	South Africa	D
NEL	ANJO	M	121KM	South Africa	A
NEL	DIV	M	121KM	South Africa	D
NELL	RIAAN	M	121KM	South Africa	A
NEUHOFF	DANIE	M	121KM	South Africa	A
NEVEN	JORIS	M	121KM	South Africa	D
NGOBESE	NONTOBEKO BEAUTY	F	121KM	South Africa	C
NICOLELLA	ROB	M	121KM	South Africa	C
NIEL	NEETHLING	M	121KM	South Africa	C
NIELSEN	THORKILD	M	121KM	South Africa	A
NORRIS	WESLEY	M	121KM	South Africa	D
NORTJE	TRISTAN	M	121KM	South Africa	AAM
NORTJE	PIETER	M	121KM	South Africa	A
OCHSMANN	JAN	M	121KM	South Africa	D
ODENDAAL	PAUL	M	121KM	South Africa	D
OELZ	MANFRED	M	121KM	South Africa	C
OLCKERS	VICTOR	M	121KM	South Africa	AAM
OLIVIER	WIKUS	M	121KM	South Africa	B
OLIVIER	INGRID	F	121KM	South Africa	C
OLLEWAGEN	CHRISTO	M	121KM	South Africa	A
OLSSON	ERIC	M	121KM	South Africa	B
OOSTHUIZEN	SHAUN	M	121KM	South Africa	A
OOSTHUIZEN	JANINE	F	121KM	South Africa	D
OSBORNE	MATT	M	121KM	South Africa	A
PAINE	BEN	M	121KM	South Africa	C

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
PALM	CHRISTIAN	M	121KM	South Africa	B
PARKIN	TIAAN	M	121KM	South Africa	B
PARKINSON	KARL	M	121KM	South Africa	D
PAYNE	ANDREW	M	121KM	South Africa	A
PEACH	JASON	M	121KM	South Africa	AAM
PEACOCK	ROLAND	M	121KM	South Africa	D
PEARCE	NICHOLAS	M	121KM	South Africa	B
PEINKE	GARTH	M	121KM	South Africa	D
PELLOW-JARMAN	CATHERINE	F	121KM	South Africa	B
PELLOW-JARMAN	JONATHAN	M	121KM	South Africa	B
PEPLER	HENK	M	121KM	South Africa	D
PETERSEN	GARTH	M	121KM	South Africa	D
PHILLIPS	TAHIER	M	121KM	South Africa	D
PIENAAR	HANNES	M	121KM	South Africa	C
PIENAAR	PIETER	M	121KM	South Africa	D
PIENAAR	MORNE	M	121KM	South Africa	D
PIETERSE	MARK	M	121KM	South Africa	A
PIETERSE	PETRUS	M	121KM	South Africa	D
PIETERSEN	CHARL	M	121KM	South Africa	B
PILIME	MZIE	M	121KM	South Africa	A
POSTHUMUS	MICHAEL	M	121KM	South Africa	A
POTGIETER	HUGO	M	121KM	South Africa	A
POVEY	TARRYN	F	121KM	South Africa	AAF
POWELL	CRAIG	M	121KM	South Africa	D
PRETORIUS	PIETER	M	121KM	South Africa	D
PRETORIUS	MARK	M	121KM	South Africa	B
PRICE	NICHOLAS	M	121KM	South Africa	C
PRIESTMAN	LLOYD	M	121KM	South Africa	A
PRINGLE	DANIEL	M	121KM	South Africa	A
PRINSLOO	WILLEM	M	121KM	South Africa	D
PRINSLOO	DEON	M	121KM	South Africa	D
PRITCHARD	BRETT	M	121KM	South Africa	D
RAILOUN	ANWAR	M	121KM	South Africa	C
RANKIN	ANDREW	M	121KM	South Africa	C
RAS	EWERD	M	121KM	South Africa	D
RAUTENBACH	CONRAD	M	121KM	South Africa	A
RAUTENBACH	JAMES	M	121KM	South Africa	B
REDELINGHUIS	GIDEON	M	121KM	South Africa	C
REDELINGHUYS	JACQUES	M	121KM	South Africa	B
REES	GARETH	M	121KM	South Africa	B
REGIS	MANIORA	M	121KM	South Africa	C
RENGANE	THABISO	M	121KM	South Africa	D
RENNIE	MIKE	M	121KM	South Africa	A
RETIEF	NICO	M	121KM	South Africa	B
REYNEKE	MICHAEL	M	121KM	South Africa	D
RICHTER	MARIUS	M	121KM	South Africa	C
RITCHIE	JUSTIN	M	121KM	South Africa	C
ROBBESON	RIAAN	M	121KM	South Africa	D
ROBERTSON	ANTON	M	121KM	South Africa	B
ROBERTSON	EGBERT	M	121KM	South Africa	D
ROBERTSON	GRANT	M	121KM	South Africa	A
ROCHER	FIETIE	M	121KM	South Africa	B
ROSSOUW	PIETER	M	121KM	South Africa	A
ROSSOUW	HELEEN	F	121KM	South Africa	D
ROUSSEAU	SIEGFRIED	M	121KM	South Africa	A

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LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
ROUX	VAUGHN	M	121KM	South Africa	B
ROUX	MADELIEF	F	121KM	South Africa	B
ROYCE	BARBARA	F	121KM	South Africa	D
RUDMAN	VERNON	M	121KM	South Africa	B
RUSCH	ROGER	M	121KM	South Africa	A
SAAYMAN	DESMOND	M	121KM	South Africa	B
SALIE	ABDUL GAMEED	M	121KM	South Africa	B
SANDERS	SAMANTHA	F	121KM	South Africa	AAF
SANDERS	LOURENS	M	121KM	South Africa	C
SANDERS	KAREL	M	121KM	South Africa	D
SANDS	REBECCA	F	121KM	South Africa	C
SAUNDERS	HILTON	M	121KM	South Africa	A
SCHEEPERS	KARLISE	F	121KM	South Africa	AAF
SCHEEPERS	TINUS	M	121KM	South Africa	B
SCHMAHL	ZANE	M	121KM	South Africa	D
SCHMIDT	ALFRED	M	121KM	South Africa	D
SCHMIDT	JASON	M	121KM	South Africa	D
SCHOEMAN	MORNE	M	121KM	South Africa	D
SCHOEMAN	CROUSE	M	121KM	South Africa	C
SCHOLTZ	GAVIN	M	121KM	South Africa	A
SCHOONBEE	WILLEM	M	121KM	South Africa	C
SCHUIN	JAMES	M	121KM	South Africa	B
SCHULTZ	RENIER	M	121KM	South Africa	B
SCOWBY	MICHELLE	F	121KM	South Africa	C
SERFONTEIN	CORNELIUS	M	121KM	South Africa	D
SERFONTEIN	ANDRE	M	121KM	South Africa	D
SHAW	SEAN	M	121KM	South Africa	B
SHER	BRYAN	M	121KM	South Africa	D
SHMARYAHU	DORON	M	121KM	South Africa	B
SIEBRITS	KONRAD	M	121KM	United Kingdom	D
SILVERMAN	MARIA	F	121KM	South Africa	C
SIMPSON	WILLIAM	M	121KM	South Africa	D
SIMPSON	HAYDEN	M	121KM	South Africa	C
SKEYI	ANDISIWE	F	121KM	South Africa	D
SLABBERT	PIETER	M	121KM	South Africa	B
SMART	ROGAN	M	121KM	South Africa	AAM
SMIT	JN	M	121KM	South Africa	A
SMIT	RIAAN	M	121KM	South Africa	B
SMIT	TIAAN	M	121KM	South Africa	D
SMIT	ALBERTYN	M	121KM	South Africa	B
SMIT	RIAAN	M	121KM	South Africa	C
SMIT	WYNAND	M	121KM	South Africa	D
SMIT	PHILIPPUS	M	121KM	South Africa	D
SMITH	MICHAEL	M	121KM	South Africa	B
SMITH	JUAN	M	121KM	South Africa	B
SMITH	BRENDON	M	121KM	South Africa	D
SMUTS	TIAAN	M	121KM	South Africa	C
SNYMAN	HANLIE	F	121KM	South Africa	C
SOLOMON	ROBERT	M	121KM	South Africa	D
SPEIRS	ANTONIE	M	121KM	South Africa	C
SPIES	GAWIE	M	121KM	South Africa	D
SPIES	LOURENS	M	121KM	South Africa	D
SQUIRES	WARREN	M	121KM	South Africa	D
STACEY	DUANE	M	121KM	South Africa	B
STAM	ANDREW	M	121KM	South Africa	C

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STARKE	ERIC	M	121KM	South Africa	D
STEELE-GRAY	RICHARD	M	121KM	South Africa	B
STEENEKAMP	NICO	M	121KM	South Africa	D
STEENKAMP	JACQUES	M	121KM	South Africa	B
STEENKAMP	ILANA	F	121KM	South Africa	D
STEFFNY	NIK	M	121KM	South Africa	D
STEYL	JULIO	M	121KM	South Africa	A
STEYL	TERSUS	M	121KM	South Africa	A
STEYN	PAUL	M	121KM	South Africa	C
STEYN	JANNIE	M	121KM	South Africa	B
STEYN	ELICK	M	121KM	South Africa	A
STEYN	BERNARD	M	121KM	South Africa	A
STEYN	CALLIE	M	121KM	South Africa	D
STOPFORTH	NICK	m	121KM	South Africa	D
STRAUS	IZAK	M	121KM	South Africa	A
STREATFIELD	MICHAEL	M	121KM	South Africa	D
STRUWIG	OCKERT	M	121KM	South Africa	AAM
STRYDOM	SIDNEY	M	121KM	South Africa	AAM
SUCEVIC	BORIS	M	121KM	South Africa	A
SUMMERSCALES	SAMANTHA	F	121KM	South Africa	B
SWANEPOEL	MARNUS	M	121KM	South Africa	A
SWANEPOEL	BEN MELT	M	121KM	South Africa	A
SWANEPOEL	KAREL	M	121KM	South Africa	A
SWANEPOEL	JACO	M	121KM	South Africa	C
SWART	CORNE	M	121KM	South Africa	A
SWART	HERMAN	M	121KM	South Africa	B
SWART	JOHN	M	121KM	South Africa	D
SWART	OLIVIA	F	121KM	South Africa	D
SWART	TIAAN	M	121KM	South Africa	D
SYLVESTER	TOMMY	M	121KM	South Africa	A
TAIT	LESTER	M	121KM	South Africa	D
TENNER	DANIEL	M	121KM	South Africa	D
TERBLANCHE	JACQUES	M	121KM	South Africa	D
TERBLANCHE	KOTIE	M	121KM	South Africa	D
TERBLANCHE	PIERRE	M	121KM	South Africa	A
TERBLANCHE	CHANTELLE	F	121KM	South Africa	B
TERBLANCHE	VICTOR	M	121KM	South Africa	B
TEW	MARK	M	121KM	South Africa	B
THERON	PIETER	M	121KM	South Africa	A
THERON	FRANCOIS	M	121KM	South Africa	C
THERON	AMANDA	F	121KM	South Africa	C
THEUNISSEN	EGON	M	121KM	South Africa	D
THIART	GERRIT	M	121KM	South Africa	A
THIART	RONEL	F	121KM	South Africa	B
THIART	CORNELIUS JOHANNES	M	121KM	South Africa	C
THIART	BERNARD	M	121KM	South Africa	A
TOMSETT	JUSTIN	M	121KM	South Africa	D
TROLLIP	NATHAN	M	121KM	South Africa	C
TSHIFULARO	AVHAPFANI	M	121KM	South Africa	B
ULYATE	VAUGHAN	M	121KM	South Africa	A
URIA	CRAIG	M	121KM	South Africa	A
UYS	DIRKIE	M	121KM	South Africa	D
UYS	KOBUS	M	121KM	South Africa	D
VAALTYN	JUANNE	M	121KM	South Africa	D
VAN BILJON	WIMPIE	M	121KM	South Africa	C



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VAN BILJON	LEANDRI	F	121KM	South Africa	C
VAN BILJON	PEET	M	121KM	South Africa	D
VAN DEN BERG	ANDRE	M	121KM	South Africa	B
VAN DEN BERG	JUAN	M	121KM	South Africa	A
VAN DEN BERGH	WIAN	M	121KM	South Africa	AAM
VAN DEN BERGH	DUTOIT	M	121KM	South Africa	A
VAN DER BERG	ALBERT	M	121KM	South Africa	A
VAN DER BERG	WYNAND	M	121KM	South Africa	D
VAN DER LINDE	JACQUES	M	121KM	South Africa	D
VAN DER LINDE	MARISA	F	121KM	South Africa	A
VAN DER MERWE	PHILIP	M	121KM	South Africa	A
VAN DER MERWE	PIETER	M	121KM	South Africa	D
VAN DER MERWE	LUDWIG	M	121KM	South Africa	D
VAN DER MERWE	HUGUETTE	F	121KM	South Africa	B
VAN DER MERWE	KOOS	M	121KM	South Africa	B
VAN DER MERWE	PIETER	M	121KM	South Africa	A
VAN DER MERWE	BREND	M	121KM	South Africa	D
VAN DER MERWE	JOHAN	M	121KM	South Africa	B
VAN DER MERWE	JACO	M	121KM	South Africa	C
VAN DER MERWE	REINHARDT	M	121KM	South Africa	D
VAN DER VEEN	HANS	M	121KM	South Africa	B
VAN DER VYVER	IZAK	M	121KM	South Africa	D
VAN DER WALT	PHILIP	M	121KM	South Africa	A
VAN DIJK	ELDA	F	121KM	South Africa	D
VAN DYK	ALEX	M	121KM	South Africa	D
VAN DYK	DENEYS	M	121KM	South Africa	D
VAN EEDEN	EDUARD	M	121KM	South Africa	D
VAN HEERDEN	YOLANDE	F	121KM	South Africa	C
VAN HEERDEN	JACO	M	121KM	South Africa	D
VAN HEMERT	DAN	M	121KM	South Africa	A
VAN NIEKERK	LEON	M	121KM	South Africa	B
VAN NIEKERK	EP	M	121KM	South Africa	C
VAN NIEKERK	JUSTIN	M	121KM	South Africa	B
VAN NIEKERK	RAYMOND	M	121KM	South Africa	A
VAN NIEKERK	FRANS	M	121KM	South Africa	C
VAN NIEKERK	QUENTIN	M	121KM	South Africa	C
VAN RENSBURG	DAWIE	M	121KM	South Africa	A
VAN ROOYEN	ANTUAN	M	121KM	South Africa	A
VAN ROOYEN	RUDI	M	121KM	South Africa	B
VAN ROOYEN	MICHAEL	M	121KM	South Africa	A
VAN STADEN	YVONN	F	121KM	South Africa	D
VAN STADEN	PERCY	M	121KM	South Africa	D
VAN VLAANDEREN	THOMAS	M	121KM	South Africa	D
VAN VUUREN	DEON	M	121KM	South Africa	A
VAN WYK	CP	M	121KM	South Africa	AAM
VAN WYK	STEFAN	M	121KM	South Africa	C
VAN WYK	THEODORE	M	121KM	South Africa	B
VAN WYK	ALEXANDER	M	121KM	South Africa	D
VAN WYK.	CORNELIS	M	121KM	South Africa	D
VAN ZYL	NICO	M	121KM	South Africa	A
VAN ZYL	THEO ERNST	M	121KM	South Africa	B
VAN ZYL	TALITA	F	121KM	South Africa	B
VAN ZYL	DEON	M	121KM	South Africa	C
VAN ZYL	CHRIS	M	121KM	South Africa	D
VANASWEGEN	PF (LIBO)	M	121KM	South Africa	B

All riders in possession of a valid 2023 Elite UCI Racing licence will be seeded in batch AA.

**It is very important to note that 2023 Elite UCI Racing licences need to be validated by the UCI Race Commissaire on Friday 20 January 2023.**

There will be a separate AA batch for the Elite Men and Elite Women.

The seeding index is calculated by SA Seeding and should be communicated before **10 January 2023**.

For any seeding index queries, contact SA Seeding at [info@saseeding.co.za](mailto:info@saseeding.co.za).

For any other queries, please contact us at [info@dryland.co.za](mailto:info@dryland.co.za).

**START TIMES: AAM - 6:30, AAF - 6:32**

**A - 6:40, B - 6:45, C - 06:50, D - 06:55**

LAST NAME	FIRST NAME	GENDER	CLASS	COUNTRY	FINAL SEEDING
VEITCH	MORNE	M	121KM	South Africa	C
VELTMAN	SONIA	F	121KM	South Africa	D
VENTER	JANICE	F	121KM	South Africa	AAF
VENTER	HENNIE	M	121KM	South Africa	D
VENTER	JACQUES	M	121KM	South Africa	D
VENTER	SCHUTTE	M	121KM	South Africa	D
VERMEULEN	ROELOF ANDRIES	M	121KM	South Africa	B
VERMEULEN	ROELF	M	121KM	South Africa	C
VERNEDE	SCIP	M	121KM	South Africa	B
VILJOEN	DANIE	M	121KM	South Africa	A
VILJOEN	PETIE	M	121KM	South Africa	D
VILJOEN	PIETER	M	121KM	South Africa	B
VILJOEN	ETTIENE	M	121KM	South Africa	A
VILJOEN	JAN C T	M	121KM	South Africa	D
VISSER	FREDDIE	M	121KM	South Africa	AAM
VISSER	FRANCIS	F	121KM	South Africa	A
VIVIER	LIZA	F	121KM	South Africa	B
VOIGT	HERMANN	M	121KM	South Africa	A
VOLLGRAAFF	HERMIAS	M	121KM	South Africa	D
VON MOLENDORFF	JACO	M	121KM	South Africa	B
VREKEN	NICO	M	121KM	South Africa	C
VREKEN	YMKE	M	121KM	South Africa	C
WALKER	NIX	F	121KM	South Africa	AAF
WALSH	DAVID	M	121KM	South Africa	A
WALTERS	LOMBARD	M	121KM	South Africa	C
WANNENBURG	BRAAM	M	121KM	South Africa	A
WARREN	ALBERT	M	121KM	South Africa	D
WATSON	MICHAEL	M	121KM	South Africa	D
WEBB	NICKY	F	121KM	South Africa	B
WEILBACH	CHRISTIAAN	M	121KM	South Africa	D
WELGEMOED	MOOLMAN	M	121KM	South Africa	A
WENCKE	JANINE	F	121KM	South Africa	A
WENTZEL	KONRAD	M	121KM	South Africa	C
WEST	JARRETT	M	121KM	South Africa	AAM
WHEELER	SEAN	M	121KM	South Africa	B
WHITEHOUSE	MICHAEL	M	121KM	South Africa	C
WILLEMSSEN	MARK	M	121KM	Netherlands	D
WILLIAMS	ROBYN	F	121KM	South Africa	AAF
WILLIAMS	JOHN	M	121KM	South Africa	D
WILLIAMSON	GRANT	M	121KM	South Africa	C
WILLIAMSON	AMRI	F	121KM	South Africa	B
WILSON	KEITH	M	121KM	South Africa	D
WILSON	GRAHAM	M	121KM	South Africa	B
WINN	PETER	M	121KM	South Africa	D
WITHAAR	JAN	M	121KM	South Africa	AAM
WOLMARANS	PIETER	M	121KM	South Africa	D
WOLMARANS	IAN	M	121KM	South Africa	C
WOLMARANS	WAYNE	M	121KM	South Africa	C
WOOD-COLLIER	RYAN	M	121KM	South Africa	D
WRIGHT	CORNEL	M	121KM	South Africa	D
YOUNG	STUART	M	121KM	South Africa	B
ZEEMAN	NEELS	M	121KM	South Africa	B
ZETLER	JULIAN	M	121KM	South Africa	B
ZIETSMAN	NEIL	M	121KM	South Africa	C